

Southend Youth Council

Minutes from 6th June 2018

Present: Charlotte (Press Officer); Louis; Nadia (co-Speaker); Jasmine (Website Manager); Zia (Chancellor); Marco; Felix; Daniel; James (co-Speaker); Isreal (Deputy Youth Mayor); Maise (Youth Mayor); Amy (Clerk)

Royal Opera House Bridge:

- Filmed members of SYC for their project about young people's progression through the arts, and how they aid their development, to be shown at their annual conference at South Essex College

Debate:

- Should companies be allowed to store data on consumers?
 - *Action: unanimous agreement*

EWMHS - Young People's Mental Health Service NELFT NHS Foundation Trust:

- Speaker: MJ Klaushofer
- The service are working upon feedback from young people to work with the SYC
- Background of the service: can be referred by anyone (self-referral 16+ only); cover all of Essex; offer counselling services (group/individual/email/phone/online); aim to see referrals within 12 weeks, and begin treatment within 18; have set pathways to help those with non-crisis mental health issues (for more details ask the Clerk)
- *Action:*
 - *Guest speaker to send suggestions of actions that can be taken in schools to help early detection and support for mental health issues, and help build mental resilience*
 - *Mental Health Committee's charter to be sent to guest speaker*

Youth Mayor and Deputy Youth Mayor Updates:

- Break the Cycle
 - Currently in communication about a potential partnership project
- Southend Pride
 - £20 needed for a stall at Southend Pride
 - *Action passed*
 - Figuring It Out has an event that it needs volunteers for
 - If interested speak to Felix or other Figuring It Out members
- Mental Health Campaign
 - Members still working on campaign
 - Report due Thursday 14th June

Officer Updates:

- Co-Speaker (Nadia)
 - In contact with many businesses willing to help the mental health campaign
 - Made chair of One in Four (mental health organisation)
- Press Officer
 - Prizes have been secured for poster competition
 - Information for entry to be sent via school network
- Website Manager
 - Jasmine Thompson new proposed Website Manager
 - *Action: 11 v 1 for; motion passed*

Backbench Business Committee:

- Belchamps Activity Weekend
 - Activity weekend organised for October half-term
 - To be discussed at next meeting

- *Action: prices and subsidy allocation to be discussed at next Officer's Meeting*
- Southend Pride Stall
 - Volunteers needed to run stall on 21st July
 - *Action: Zia and James to run Pride stall*
- Replacement for Isreal as Vice-Chair of CCG
 - Replacement needed for when Isreal leaves for university
 - *Action:*
 - *Email to be sent to all members to advertise the position*
 - *Potential members to attend a CCG meeting with Isreal if possible*
 - *Vote to be scheduled for next meeting as AOB*
- 1 in 4
 - Representative from SYC wanted to attend meetings
 - *Action: Zia, Marco & Jasmine to attend as representative for SYC*

AOB:

- Constitution
 - *Action: Next meeting's breakout session to be to plan and write SYC Constitution*
- SYC Social
 - BBQ at beach during August when SYC does not meet
 - SYC to fund?
- Food for meetings
 - *Action:*
 - *July meeting's food to be funded for members as a one-off*
 - *Discussion for how food should be funded to be discussed at a later meeting*

Next meeting: Wednesday 4th July at 5pm in the Council Chamber of the Civic Centre