



DON'T MISS OUT!

**COVID VACCINATION
INFORMATION**
for young people
by young people

Reasons to get the jab:

It means clubs and
sports can continue

You can go to festivals
more safely

You won't miss
opportunities at school

Makes you and
others safer

It gives you the
best protection
against COVID-19



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SOUTHEND YOUTH COUNCIL
BRINGING YOUNG MINDS TOGETHER

Working to make
lives better
www.southend.gov.uk



MYTHBUSTER

Is the vaccine safe?

The COVID vaccine has been tested and has passed clinical trials: the vaccine did not skip clinical trials, the steps were completed faster thanks to extra financial support from governments and numerous people wanting to volunteer for trials. The COVID-19 vaccines have been tested for all ages from 12-84.

Will I still get covid if I've had the vaccine?

The COVID vaccine doesn't guarantee you won't get COVID-19 (there is still a chance you might still catch or spread COVID-19) but it does reduce the risk of you catching COVID-19 and reduces the chances of you getting seriously ill or dying.

Will the vaccine make me ill?

The vaccine cannot give you COVID-19 but you may have some side effects such as a sore arm from the injection, a headache and feeling sick. This does not mean that you have COVID-19, just that your body is responding positively to the vaccine. More serious side effects such as allergic reactions or blood clotting are very rare (around 0.002% chance of blood clotting, only from the AstraZeneca vaccine).

Do I need consent to have the vaccine?

If you are older than 16 you don't need parental consent to get vaccinated.

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“I felt far safer having had the COVID vaccine than I did before I had it.”

Scott

“Getting the vaccine was really easy, I went to a walk-in centre, and I was done in 15 minutes then got on with the rest of my day.”

Eliana

“Getting the vaccine meant I felt I could attend more events.”

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It's really easy to get the jab just go to ...

www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/find-a-walk-in-coronavirus-covid-19-vaccination-site

...to find a walk-in centre



www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination

...to book an appointment to get the COVID vaccination



The Civic Centre in Southend, offers booked and walk-in appointments for young people. For up-to-date information on timings please visit www.essexcovidvaccine.nhs.uk or you can get the vaccine in school.



Also visit www.nhs.uk/conditions/coronavirus-covid-19 for more information.

#Grab TheJab

This leaflet has been designed by young people from Southend Youth Council. For more information about Southend Youth Council please visit www.southendyouthcouncil.co.uk

